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| **OULU UNIVERSITY** **OF APPLIED SCIENCES** **(Oulun ammattikorkeakoulu, Oamk)** | SF OULU11 |
| **ECHE Reference** (Erasmus Charter in Higher Education) | 101014012 |
| **PIC** (Participant Identification Code) | 949566466 |
| **OID** (Organisation Identification Code) | E10101701 |
| [**Mobility Management System**](https://stats.erasmuswithoutpaper.eu) | MoveON (connected to EWP) |
| [**CAMPUSES**](https://oamk.fi/en/about-oamk/contact/#campuses) | **Kontinkangas campus:**  - Health and social care (apart from occupational therapy, physiotherapy, social services)  **Linnanmaa campus:** - Business, information technology, business information systems, engineering, natural resources, media and performing arts, professional teacher education, occupational therapy, physiotherapy, social services  **Oulainen campus:**  - Health care and nursing |
| **CONTACT INFORMATION** | [www.oamk.fi/exchange](http://www.oamk.fi/exchange) |
| **WEBSITE** | [www.oamk.fi/en](http://www.oamk.fi/en) |

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| **SERVICES** | |
|  | **General enquiries**: [international@oamk.fi](mailto:international@oamk.fi)  **Teacher and staff:** [staffmobility@oamk.fi](mailto:staffmobility@oamk.fi)  **Incoming students**: [incoming.students@oamk.fi](mailto:incoming.students@oamk.fi)  **Outgoing students**: [outgoing.students@oamk.fi](mailto:outgoing.students@oamk.fi)  **Institutional agreements:** [agreements@oamk.fi](mailto:agreements@oamk.fi) |

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| **STAFF & RESPONSIBILITIES** | |
|  | **International Mobility Services** (Central level)  ☻*Marianne Isola*, Development Manager *(replacing also Satu from 21 March until 31 May 2025)*, Incoming student mobility, Tel. +358 50 408 7990  ☻*Eetu Leinonen (replacing Satu from 20 September 2024 until 20 March 2025)*, Solution Designer, Tel. +358 50 342 2648 ☻*Kristiina Stenberg*, Solution Designer, Outgoing overseas student and traineeship mobility  ☻*Satu Lohiniva (on leave of absence 20 September 2024  – 31 May 2025)*, Solution Designer, Erasmus+ institutional coordinator, north2north coordinator, Erasmus+ inter-institutional agreements  ☻*Marjo Pääskylä*, Solution Designer, Teacher and staff mobility, Erasmus+ inter-institutional agreements  **Oamk Services** (Faculty level)  ☻*Katja Kurasto (replacing Piritta Nätynki, 1 February 2025 – 31 January 2026),* Solution Designer, Outgoing Erasmus+ student and traineeship mobility  Tel. +358 50 468 3451  ☻*Piritta Nätynki (on leave of absence 1 February 2025 - 31 January 2026),* Education Designer, Outgoing Erasmus+ student and traineeship mobility  ☻*Virve Svenström*, Assistant Outgoing Erasmus+ student and traineeship mobility (nominations)  ☻*Bastian Fähnric*h, Education Designer, Incoming student and traineeship mobility (all mobility programmes and fields, [LA/OLA in distinct fields](https://oamk.fi/en/study/exchange-student/guidance/#learning-agreement))  Tel. +358 50 31 749 31  ☻*Minna Moilanen*, Education Designer, Incoming student and traineeship mobility ([LA/OLA in distinct fields](https://oamk.fi/en/study/exchange-student/guidance/#learning-agreement), [personal identity codes](https://oamk.fi/en/study/exchange-student/guidance/#personal-identity-code))  Tel. +358 50 301 3837  **Oamk Management**  ☻*Sami Niemelä,* Development Manager, Stakeholder Relations and Internationalisation  Tel. +358 50 3174713 |

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| **ACADEMIC YEAR (INCOMING STUDENTS)** *Each term is divided into 2 periods, autumn (P1&2) and spring (P3&4).*  *Holidays include Christmas and Easter breaks and vacations in weeks 43 and 10.* | |
| **[Autumn term](https://oamk.fi/en/study/exchange-student/" \l "academic-year) (1st semester)** | P1&P2: End of August – December  Only full-term mobilities and all fields. |
| [**Spring term**](https://oamk.fi/en/study/exchange-student/#academic-year) **(2nd semester)** | P3&4: January - beginning or end of May full-term mobilities, duration depending on the field.  In distinct fields of health and social health care, Oamk also offers studies during mobility periods:  P3: January - beginning of April  P4: End of February - end of May |
| [**Arrival days**](https://oamk.fi/en/study/exchange-student/#arrival-days) | Students should arrive and check in to their student housing (PSOAS Routa dormitory) at certain [arrival days and times](https://oamk.fi/en/study/exchange-student/#arrival-days).  [Oamk’s peer tutors](https://oamk.fi/en/study/exchange-student/guidance/#peer-tutoring) and [service staff](https://oamk.fi/en/study/exchange-student/guidance/#contact) welcomes students at the dormitory. Students receive their apartment keys, PSOAS’ info sheet and Oamk info folder (IT credentials, enrolment certificate and meal subsidy card). |
| [**Orientation days**](https://oamk.fi/en/study/exchange-student/#orientation-days) | Students and trainees at the beginning of the term or mobility period start their exchange with mandatory [orientation days](https://oamk.fi/en/study/exchange-student/#orientation-days). Trainees admitted for other times during Oamk’s terms have a [kickoff meeting](https://oamk.fi/en/study/exchange-student/#kickoff) with academic/academic staff at the outset of their traineeship. |

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| **STUDIES & TRAINEESHIPS (INCOMING STUDENTS)** | |
| [**Mobilities for Studies**](https://oamk.fi/en/study/exchange-student/studies/) | **Full-term or long-term mobilities (all fields):**  Oamk offers full- or long-term mobilities for studies in the frame of exchange study programmes across all fields. They last for at least 1 academic term, and consist (normally of Bachelor-level) courses, project works, productions etc. In health and social care, studies can also be combined with a small-scale practical training in most fields. Students admitted to a full- or long-term mobility are expected to stay physically at Oamk for min. 1 academic term and pursue a recommended workload of 30 ECTS cr/term. If applicable, students may also stay for an entire academic year with a workload of 60 ECTS cr.  In some fields (e.g. in health and social care), Oamk offers online courses which can be pursued before/during/after the physical mobility stay. Oamk does currently not offer fully virtual mobilities. Blended mobilities are currently offered only as part of Erasmus+ Blended Intensive Programmes, which are available to students from distinct partner universities.  In the fields of business, business information systems, information technology and mechanical engineering, Oamk offers double degree mobilities to students from distinct partner universities. Double degrees consist of professional studies and mandatory language studies. These can be pursued as part of a physical exchange at Oamk for at least 1 academic year and a workload of min. 60 ECTS cr.  **Mid-term mobilities (distinct fields in health & social care):**  Oamk offers mid-term mobilities for studies in spring (2nd semester) in distinct fields of health and social care for a 3-month mobility period either in the first half of the term (P3) or in the second half of the term (P4). The workload for a mid-term mobility is approx. 30 ECTS cr, including also small-scale practical training where applicable.  **Short-term mobilities (all fields):**  Based on separate agreements between universities, Oamk offers also short-term mobilities for studies in distinct fields These are normally physical exchanges which last approx. 1-2 weeks. Only students covered by such an agreement may take part in the mobility. |
| [**Mobilities for Traineeships**](https://oamk.fi/en/study/exchange-student/traineeships/) | Traineeships can be offered at/via Oamk in certain fields during our academic terms. Erasmus+ traineeship mobilities should last min. 2 months, preferably 3 months.  Oamk can acquire/mediate only a limited amount of traineeships at Oamk or third parties. Admission decisions are made by Oamk based on enquiries, and applications are prioritised according to bilateral or inter-institutional agreements covering traineeship mobilities.  Admitted trainees are enrolled as exchange students at Oamk and supervised/mentored by academic staff and supported by administrative service staff.  Trainees commencing their traineeship at the outset of a regular term at/via Oamk are required to take part in the Finnish Language 1: Survive! course (3 ECTS cr). This course is arranged in late afternoon/evening and thus can be pursued outside of traineeship work hours. If applicable, trainees can also pursue other possible supportive courses outside of traineeship work hours. In some cases and fields, trainees may pursue also an online course before/during/after the physical mobility stay outside of traineeship work hours. |
| **Blended Intensive Programmes (BIP)** | Oamk offers certain Blended Intensive Programmes (BIP), which are agreed between Erasmus+ partner universities, and can be pursued only by selected students covered by such an agreement. A BIP is a programme that combines physical and virtual stays and collaborative learning at Oamk. |

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| **NOMINATION, APPLICATION & ADMISSION (INCOMING STUDENTS)** | |
| [Nomination & Application](https://oamk.fi/en/how-to-apply-for-exchange/) | Nominations should be submitted prior to the students’ application via [our online nomination form under Step 3 “Get nominated by your home university”](https://oamk.fi/en/how-to-apply-for-exchange/).  Applications must be submitted via MoveON and within the deadlines given. Late nominations or applications not accepted. |
| Autumn (1st semester) and the whole academic year | Nomination: 15 April Application: 15 March - 30 April |
| Spring (2nd semester) | Nomination: 1 October Application: 1 September - 15 October |
| Application portal MoveON | <https://oamk.fi/en/how-to-apply-for-exchange/> under Step 5: “Apply via MoveON” |
| Admission | Students and trainees are required to have a suitable study background and a minimum of approx. 1 year of studies at their home university.  English language skills are required to be at least B2 according to the [Common European Framework of Reference for Languages](http://europass.cedefop.europa.eu/resources/european-language-levels-cefr).  Admission decisions for exchange students and trainees are normally made after the application deadline, for the spring term at the latest in the end of November, and for the autumn term at the latest in the end of June. |

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| **PRACTICAL INFORMATION (INCOMING STUDENTS)** | |
| [Teaching & Learning](https://oamk.fi/en/study/exchange-student/studying/) | Oamk arranges teaching mostly in a hybrid or blended way, mixing on-site and online learning activities. In some cases and fields, students may pursue online courses also before/after their exchange. |
| [Courses & Schedules](https://oamk.fi/en/study/exchange-student/studying/) | <https://oamk.fi/en/study/exchange-student/studying/>Our university offers exchange study programmes consisting of courses for studies, practical training, projects etc. Also, our traineeships usually are related to a specific course to ensure that we can arrange for the resourcing of supervision and mentoring of our trainees. Initial schedules are available shortly before the application. Detailed schedules will only be available at the start the exchange. |
| [ECTS & Assessment](https://oamk.fi/en/study/exchange-student/studying/" \l "ects-and-assessment) | [Oamk’s and the Finnish credit system complies with the European Credit Transfer and Accumulation System (ECTS)](https://oamk.fi/en/study/exchange-student/studying/#ects-and-assessment)so that the Finnish credits are equivalent to the ECTS credits. Assessment in Oamk is generally based on the assessment framework. The framework cannot normally be changed by the course teacher – it is either [numerical or verbal](https://oamk.fi/en/study/exchange-student/studying/#ects-and-assessment). |
| [Mobility Adminstration & Documentation](https://oamk.fi/en/study/exchange-student/guidance/" \l "mobility-administration-documentation)   * Timeline Charts * Letter of Acceptance * Learning Agreement (see below) * Enrolment Certifcate * Letter of Confirmation * Transcript of Records | Oamk does not anymore issue hard copies of mobility documents due to digitalisation of services and Finnish laws of data protection and privacy. Oamk generates mobility documents as electronic soft copies. Oamk’s transcript of records is fully digital - the electronically signed and stamped PDF can be authenticated or validated, and meets archiving standards. |
| [Learning Agreements for Studies](https://oamk.fi/en/study/exchange-student/guidance/" \l "learning-agreement) | Erasmus+ students should use online learning agreements for studies (OLA), if possible. Regular learning agreements (LA) on the template of their home universities are also accepted for the time being. Bilateral and free mover/visiting students should use Oamk’s learning agreement template. |
| [Learning Agreement for Traineeships](https://oamk.fi/en/study/exchange-student/guidance/#learning-agreement) | Erasmus+ trainees should use the regular learning agreement for traineeships LA on the template of their home university. These should be emailed to our services as an editable Word file upon enquiry or after the nomination. Bilateral and free mover/visiting trainees should use Oamk’s learning agreement template for traineeships. |
| [Learning Agreements for Blended Intensive Programmes (BIP)](https://oamk.fi/en/study/exchange-student/guidance/#learning-agreement) | Erasmus+ BIP students should preferably use online learning agreements for studies (OLA), but regular learning agreements (LA) on the template of their home universities are also accepted for the time being. |
| [Contact Information (Incoming Students)](https://oamk.fi/en/study/exchange-student/guidance/" \l "contact)   * Administrative & Academic Coordinators * Oamk Staff | Our staff offers online and on-site guidance for studies or traineeships at/via Oamk. We use foremostly our service address [incoming.students@oamk.fi](mailto:incoming.students@oamk.fi) and also provide webinars, arrival, orientation days and follow-up meetings. |
| [Living Expenses, Student Restaurants & Meal Subsidy](https://oamk.fi/en/study/exchange-student/living-in-oulu/#living-expenses) | [Living expenses](https://oamk.fi/en/study/exchange-student/living-in-oulu/#living-expenses) in Finland are comparable to major European cities. Exchange students and trainees are entitled to [meal subsidy](https://oamk.fi/en/study/study-support-and-wellbeing/academic-affairs/#meal-subsidy) in [student restaurants](https://www.oamk.fi/exchange-restaurants-meal-subsidy). |
| [Accommodation](https://oamk.fi/en/study/exchange-student/living-in-oulu/#accommodation) | Oamk does not offer accommodation itself. Incoming students must apply for accommodation independently. Oamk has a limited room quota (125 rooms) for incoming students in Student Housing Foundation of Northern Finland (PSOAS). [Information on housing and application instructions](https://oamk.fi/en/study/exchange-student/living-in-oulu/#accommodation). |
| [Insurance](https://oamk.fi/en/study/exchange-student/living-in-oulu/#insurance) | Students and trainees must obtain sufficient [insurance](https://oamk.fi/en/study/exchange-student/living-in-oulu/#insurance) coverage for an exchange at Oamk. |
| [Health Care](https://oamk.fi/en/study/exchange-student/living-in-oulu/#healthcare) | Students and trainees can use [health care](https://oamk.fi/en/study/exchange-student/living-in-oulu/#healthcare) in Oulu, Oulainen during their exchange at Oamk depending on their insurance coverage. They should obtain sufficient insurance and, if applicabkle, check our information on medical documents, medication, chronic diseases, special needs and accessbility before the exchange. |
| [Vaccination & Special Requirements](https://oamk.fi/en/study/exchange-student/living-in-oulu/#vaccination-and-special-requirements) (Tests, Criminal Records etc.) | Oamk recommends certain vaccinations to all students. In addition, students admitted to practical training in health and social care (apart from optometry) are required to give proof of certain vaccinations and tests to practical training providers at the beginning of their exchange. Radiography and radiation therapy students pursuing practical training must also have certain certificates and data sheets in English. If students/trainees are working with minors (under 18-year), a criminal record is required. |
| [Residence Permit, Visa etc.](https://oamk.fi/en/study/exchange-student/living-in-oulu/#visa-and-residence-permits) |  |
| [Travelling & Moving to Finland](https://oamk.fi/en/study/moving-to-finland/) |  |
| Other Practical Information:  [OSAKO Student Union](https://osakoweb.fi/en/home/) & [ESN Oulu](https://www.esnoulu.org/)  [Library Services](https://oamk.fi/en/about-oamk/library/)  [ICT Services](https://ict.oulu.fi/?lang=en)  [Sports Services](https://unimoveoulu.fi/?lang=en-gb&langmenu=1)  [Special Needs](https://oamk.fi/en/study/exchange-student/living-in-oulu/#special-needs)v & [Accessibility](https://oamk.fi/en/study/study-counselling/accessibility-in-studies/)  [Safety & Security](https://oamk.fi/en/study/safety/)  [Equality & Ethical Guidelines](https://oamk.fi/en/study/safety/) [Privacy Policy](https://www.oamk.fi/en/about-oamk/privacy-policy) |  |

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| **FOR INCOMING STAFF** | |
| Practical information | <http://www.oamk.fi/exchange> |
| Contact | [staffmobility@oamk.fi](mailto:staffmobility@oamk.fi) |

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| **Oamk IN SOCIAL MEDIA** | |
| Instagram, Snapchat | @oamk\_ouas, #myoamk, #myoamk2023, #myoamk2024, #myoamk2025, #oamkabroad |
| Facebook | <https://www.facebook.com/oamk.ouas/> |
| X | @oamk\_ouas |